

## INFANT FEEDING INSTRUCTIONS & SCHEDULE

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Arrival Time \_\_\_\_\_ Departure Time \_\_\_\_\_

I feed my child: \_\_\_\_\_ Breast Milk \_\_\_\_\_ Formula (brand) \_\_\_\_\_ Other : \_\_\_\_\_

\_\_\_\_\_ Warmed \_\_\_\_\_ Room Temperature \_\_\_\_\_ Cold

Does your child hold his/her own bottle? \_\_\_\_\_

Time of Day	Type of food and amount	Nap Times

For parents using formula :

\_\_\_\_\_ Yes, I wish my provider to prepare formula for my child, I will send in pre-measured water and formula for the staff to mix. Sign & Date \_\_\_\_\_

Please include any special feeding instruction for during or after feeding (i.e. positioning, burping, discarding/sending home, etc.) : \_\_\_\_\_  
 \_\_\_\_\_

**REMEMBER:**

- NYS OCFS regulations prohibit the use of a microwave oven when heating an infant's bottle or food.
- All bottles and jar food will be warmed in a crock-pot.
- Unused portions of food, which the child has been spoon-fed, must be discarded after each feeding or returned to the parent at end of the day.
- Any milk, formula or breast milk that is served, but not completely consumed will be discarded after one hour.
- A provider may not reheat or reuse the same bottle or jar of food the child has already been fed from.
- All bottles and food sent from home must be labeled with first and last name.
- Milk, formula, and breast milk cannot be stored overnight in the classroom refrigerator.
- Cereal and other solid foods will not be added to bottles, **unless written instructions and a medical reason for this practice is provided by the pediatrician.**
- Parents will supply clean bibs daily; if bibs are soiled they will be returned to you at end of day.

\_\_\_\_\_ Parent/Guardian Signature

\_\_\_\_\_ Date

**It is the responsibility of the parent to update the infant instructions and feeding schedule as needed when feeding routines and new foods are introduced.**